



Newsletter June 2022



Dear Member,

I hope you are keeping well and welcome to our June newsletter.

This month we are delighted to welcome Professor Eilis Dowd who will give us an update on their Stem Cell research project, Brain repair for Parkinson's. See below details and link to register.

Other information included:-

- Sports Parkinson's Try-Athlon event.
- An explanation of the membership card.
- How to set up QR codes.
- Details of a new social welfare payment.
- Meeting your Neurologist questionnaire.
- Apple approved app for PD
- Research with RCSI

I hope you will be able to join us online the 29th June for the above talk, and if you need any technical assistance, please let us know.

Kind regards,

Mary

Upcoming Events

Stem cell research update

Eopd.ie is delighted to welcome Prof. Eilis Dowd from NUI Galway who leads a Parkinson's research team there. They are currently working on a stem cell project which is funded by Michael J Fox's Foundation, and in this talk, Eilís will give us the latest update on this research, which is working towards repairing the brain affected by Parkinson's.

Wednesday 29th of June at 07:00 PM.

Please click on the button below to register and you will receive the zoom link by email by return.

[Register now](#)



Sport Parkinson's Try-Athlon

With the Parkinsons games postponed until next year maybe you can't wait to participate in something sporty or active? If so, checkout Sport Parkinson's Try-Athlon 2022 @ Worcester Warriors Sixways Stadium on Saturday 9th July from 10am - 4pm. The Try-Athlon is a day for all of the PD community to enjoy and brings a host of activities for everyone to try, in a friendly and supportive environment. Whatever your ability why not play some hockey, rugby, table tennis, or golf. There will also be pilates, dancing, singing and painting to try as well as group workouts! Experts including PD Nurses, dieticians and neuro-physios are present offering 1:1 advice & support.

[Find out more](#)

Other News and Resources

Meeting your neurologist - website resource

You might find this questionnaire helpful to think about any changes and questions you may have since your last visit. You can fill it out online and it will be emailed immediately back to you. This information is not accessed/stored by EOPD.ie.

[Go to questionnaire](#)

EOPD Membership card

Cardu card explanation

EOPD.ie decided not to go with physical membership cards in order to reduce the cost of printing, posting and to be Eco-friendly. We have partnered with Cardu to deliver a digital membership card. This card is stored on the Cardu app on your phone. It has a unique ID number, membership type and your name. You will have received an email from Cardu to register. This card can be used to show you are living with Parkinson's, for example while travelling or for medical attention. We will also be able to send you reminders to this app of upcoming events. The digital membership app has a QR code, when scanned will go directly to EOPD.ie's website for more information.



QR Code's set up

QR codes are starting to be used more and more, and especially in the hospitality trade. You may see a QR code on the table in a restaurant which when scanned will let you view the menus. To set this up, just download a QR code app from the app store and when opened it is like a camera and you just scan the code (black and white box) and it will bring you to the website for the information you need.



The FDA just approved an Apple Watch app to track Parkinson's disease

The U.S. Food and Drug Administration (FDA) has given the green light to an [Apple Watch](#) app to monitor Parkinson's disease, developed by San Francisco-based startup Rune Labs. As reported by [Reuters](#), the Apple Watch's pre-existing sensors can already detect falls, tremors, and other movement disorders consistent with symptoms of Parkinson's. But Rune Labs has taken things a step further with its app, gathering individual data on the symptoms patients experience so that it can be shared with doctors to determine the best course of treatment.

A new social welfare payment.

There are many costs associated with living with Parkinson's and with the rising living costs recently it can be more difficult to manage. One potential resource that may help in certain cases is the Additional Needs Payment provided by social welfare (sometimes even if you are not currently receiving social welfare).

Find out more

WANT TO HELP CREATE A TEST TO DIAGNOSE PARKINSON'S DISEASE?

The Dublin Neurological Institute is completing a Parkinson's research project & need to test 50 healthy non-Parkinson volunteers aged 58 & older .



**FOR MORE INFORMATION EMAIL:
DIMITRACHAITY@MATER.IE**

OR

CALL: 01 854 5033



UCD Health Affairs
Gnóthai Síainte UCD





What We Need From You:

- 1 A Blood Sample** - By needle
- 2 Skin Cell Sample** - This is done by sticking tape patches to your forehead & back & then removing the tape.
- 3 Skin Biopsy** -This is done by a small punch tool to get a 5-6mm skin biopsy under local anaesthesia, this will require one dissolvable stitch.

**All 3 Steps Take Just
1 Hour**





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